

VINYASA ECHOES

December 2016



A YEAR THAT WAS & THE YEAR AHEAD....

2016... has been a very important year from both personal and professional front for me. Art of Vinyasa started growing from strength to strength with the support of all the parents/families and dedication & hard work by all the students from the day we re-opened! We were happy to welcome a few more enthusiastic students and their families into our AOV Family and also sad to say good bye to a few. The students had plenty of performing opportunities and we conducted two very successful Lecture demonstrations for the benefit of the students. We had our VCE students Chandana & Varshini flourish in their exams adding yet another feather to their caps, whilst the younger ones received individual awards and appreciations for their academic/non-academic performances making us all proud and happy.

RECAP ON 2016.....

- ◆ The year started with Lil Sid & I being chosen by Herald Sun to be a part of the 50 Victorians showcasing the diverse multiculturalism of Victoria - [Link](#)

Thank You...

Here we are at the end of yet another year, and what a year it has been! As we come to the end of another successful year, I can't help but thank you all for being the backbone of Art Of Vinyasa – Trusting me, standing by me & supporting me in achieving whatever I envisaged, be it in the regular classes, student performances or conducting an International Dance Festival for the first time in the city of Melbourne. So, Thank You all from the bottom of my heart.

The Journey...

Recommencing the classes post maternity in 2015, gave me a belief and courage to move forward when I saw that the big break had not made much of a difference and the familiar faces were there to support me yet again! It took a year to rebuild and learn to cope with the demands of being a Mum and a Teacher.

We moved slowly yet steadily towards 2016 welcoming a few new families along the way into Art Of Vinyasa

- ◆ We started our preparations for participation in the famous **Moomba Parade** when the classes commenced for the year, where close to 23 students performed. The kids were highly appreciated by the wider community and the mention of “Bharatanatyam” in the News Paper made us all proud and happy to have left a lasting impression. - [Link](#)



This was followed by a very successful **“Dance Mela- A global Dance fiesta”** on April 30th celebrating World Dance Day for the first time in the city of Melbourne. The theatre was a full house due to the support of all the parents and their efforts in spreading the word. - [Link](#) <https://www.youtube.com/watch?v=NKoH6rpsKgA>



- ◆ *The most satisfactory aspect of this festival was its effect on the students from young to old, who had learnt so much by watching the various styles and shared their thoughts with us.*-[Link](#):

<https://www.youtube.com/watch?v=BTADUvAYvgQ&feature=youtu.be>

The kids enjoyed the workshop with Amma (Dr Vasundhara Doraswamy) during her visit. A lecture demonstration was organized for the kids to gain an insight into Bharatanatyam. – [Link](#):

<https://www.youtube.com/watch?v=PCJhL7kUm1I&feature=youtu.be>

- ◆ We welcomed our new website in October 2016. Thanks to all the parents for the feedback during the teething process.

- ◆ The student Performances commenced from August which continued on till December. With 3 back to back performances by the intermediate students, at various venues on the occasion of Onam and Sri Krishna Janmashtami.





- ◆ I had an opportunity to perform at MPavillion for the Festival of India organized by the City of Melbourne in collaboration with 3 other leading Dance Schools of Melbourne on “**Jhansi Ki Rani**”
- ◆ Art Of Vinyasa organized a Lecture Demonstration by visiting artiste from US, **Mrs Nirmala Madhava** which turned out to be a very informative morning highlighting the differences between Bharathanatyam and Kathak.
- ◆ October end to November saw the junior students of Art of Vinyasa perform at 3 shows during Diwali, including Diwali with **Minister for Immigration Hon Peter Dutton**.
- ◆ Our Final performance for the year was on December 8th for an Indian Theme Christmas Celebration showcasing our Traditional artform to the local community. Thus, bringing an end to a busy year.





Moving forward...2017

We will commence our Term 1 for 2017 **From 31/1/2017** .

We will be commencing classes in both Dance and Yoga for the next term. The class details and packages will be available for **purchase online from 15/1/2017**.

The students have been asked to bring their assignments when they come to the class. (The best assignment will be published on our blog so, please ensure its original and avoid copying and pasting the content in its entirety directly from the internet.)

Save the Date..

Please note the below dates for 2017 in your calendar and support us.

13/3/2017 (Labour Day) – I will be performing for In Concert Music in collaboration with other esteemed artistes of Melbourne followed by “Past Forward” a show by the world renowned Dancer, choreographer Leela Samson and Troupe from India.

25/3/2017– Welcoming our new students and getting to know their families (Further details upon Term start)

(16-18) /4/2017 – We are planning another student workshop with Amma (Dr Vasundhara) during this time including a few more during the school holidays. (Dates and venue will be confirmed)

29/4/2017 – World Dance Day celebrations showcasing various dance styles at Renaissance Theatre, Kew(We request the parents and students to assist us and find some sponsors to support the event and advertise in our Booklet for the show. The tariff is as below for advertisements)

Back Page -\$500

Inside Back Page -\$400

Quarter Page - \$150

Full Page - \$350

Half Page - \$250

Thank You & Wishing you all ...

A VERY HAPPY & SAFE HOLIDAY SEASON !!!

ASSIGNMENT TOPICS:

- * **Beginners** (Kids submitting the assignment for the first time) – **Classical Dances of India**
- * **Sub Juniors** – History & Evolution of Bharatanatyam, Nritha, Nritya & Natya
- * **Juniors** – Repertoire of Bharatanatyam Performance, Adavus, Alaripu, Jathiswaram, Thillana, Characteristics of Nataraja Image, Nritha, Nritya & Natya
- * **Sub Intermediate** – Repertoire of Bharatanatyam Performance, Navarasa, Bandhavya Hastas, Devatha Hastas
- * **Intermediate** - Adavus, Alaripu, Jathiswaram, Thillana, Navarasa, Characteristics of Nataraja Image.